



The 2 Dirty Little Secrets Big
Pharma and Weight Loss Clinics
Won't Tell You About the New
GLP-1 Miracle Weight Loss Drugs



TikTok user known as Princess Dai shared her journey of losing 100 lbs. in 11 months using GLP-1 medications. Starting at 238 lbs., she now feels healthier and more confident, although she is considering surgery to address the resulting sagging skin caused by the weight loss.



The star of “RuPaul’s Drag Race” Season 9, Peppermint, at 45, lost 100 pounds using GLP-1 medications after being diagnosed as pre-diabetic. This weight loss helped her reverse the pre-diabetes diagnosis and regain her health.



Oprah Winfrey is opening up about the revelation she had about “thin people.” Winfrey, 70, admitted that her opinion changed after using weight loss medications herself. “And then I realized the very first time I took the GLP-1 that, oh, they’re not even thinking about it,” she continued. “They’re only eating when they’re hungry and they’re stopping when they’re full.”



A 34-year-old mother of three, Amy Kane gained attention for her significant weight loss using GLP-1 medications, reducing her weight from 300 lbs. to 135 lbs. over two years. Despite her success, she candidly shared the challenge of excess sagging skin, particularly around her midsection, a common side effect of rapid weight loss. Kane openly discusses this issue on social media to support others facing similar concerns.

The Miracle GLP-1 Weight Loss Medications

The Glucagon-Like Peptide-1 (GLP-1) is a class of medications that mimic the GLP-1 hormone naturally produced in the intestine to regulate blood sugar, insulin secretion, and appetite.

That is what doctors would tell you. People who have taken these medications for weight loss will tell you it is the miracle they have long searched for to finally lose weight.

There's no denying that this class of medication has transformed the lives of millions, providing a long-sought solution to their ongoing battle with obesity.

However, these medications carry two dirty little secrets that neither big pharma nor weight loss clinics will tell you. They are something you only find out later, after you have lost weight

Despite working miraculously, the unspoken result of their benefit in losing significant weight rapidly is:

- Sagging skin
- Leaky bladder & diminished sexual satisfaction

Both sagging skin and a leaky bladder (incontinence) are natural, unavoidable results that occur from significant and rapid loss of weight.



"There has never been a drug in the history of humanity that's had the impact that this drug is having."

- Steven Dayan, MD, FACS,
Facial Plastic Surgeon and
Clinical Assistant Professor
at the University of Illinois.

(Appearing in GQ Magazine, December 19, 2024)



INDEPENDENT

A person will try, on average,
126 fad diets in their lifetime.



Dirty Little Secret 1: Sagging, Flabby, Leathery Looking Skin



When you lose a significant amount of weight rapidly, your skin doesn't have enough time to retract and conform to your smaller body size. This condition, known as Elastosis, results in skin appearing loose, crinkled, or leathery.

Essentially, the skin and underlying supportive muscles struggle to adapt quickly enough to match the rapid loss of fat and lean body mass (muscle), leading to sagging skin.

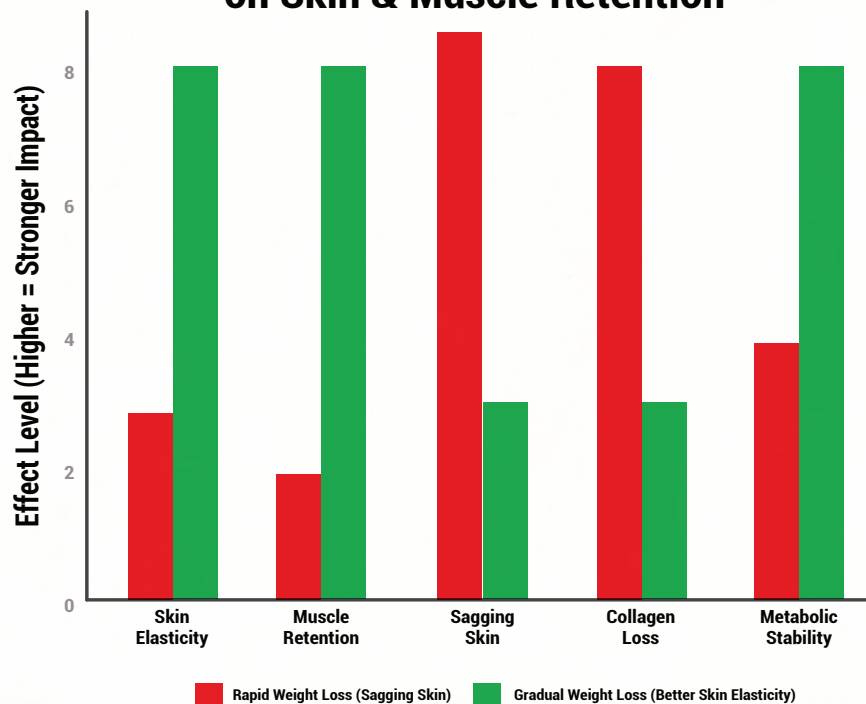
Both men and woman rely on muscle to support skin elasticity.

Sagging skin becomes more pronounced after rapid weight loss, often causing a person to appear older and more fatigued.

The most noticeable and problematic areas affected by loose skin are the abdomen, arms, thighs, and face. When you carry extra weight, your skin's collagen and elastin fibers become stretched and weakened. As you lose weight rapidly, these fibers cannot fully retract, causing your skin to remain loose and sagging. If the weight loss were more gradual, the skin would have more time to adjust, making these effects less severe, less noticeable, and more manageable.

When you lose weight, everyone notices and compliments you. But when that weight loss leaves you

Comparison of Rapid vs. Gradual Weight Loss on Skin & Muscle Retention



with sagging skin, it becomes a hidden struggle, only you truly see and feel.

You choose clothing to conceal it, ensuring others remain unaware. Yet, every time you dress, undress, or look in the mirror, it's there. You feel it jiggle beneath your clothes, a constant reminder of what remains after your achievement.

It may not be visible to others, but you know it's there, and it bothers you.

The Emotional & Psychological Impact:

While the physical aspect is obvious, the psychological and relational effects can be more distressing.

The unexpected consequence of sagging skin can dampen the sense of the achievement of losing weight you so desperately were seeking.

According to the National Library of Medicine, people do not lose weight uniformly, therefore the degree of skin deformity varies. Regardless, it is a real problem.

Many people expect to feel more confident after weight loss, but loose, sagging skin can make them feel just as self-conscious as excess weight did.

This can lead to body dysmorphia syndrome, or the mental condition characterized by an excessive preoccupation with flaws in one's physical appearance.

Looking in the mirror and seeing hanging skin on the arms, stomach, or thighs can feel like a betrayal of effort.

You avoid swimming, wearing sleeveless tops, or intimate encounters due to self-consciousness.

Feeling like others notice loose skin can lead to social withdrawal and reluctance to enjoy life's experiences.

Many work hard to lose weight, only to feel disappointed when their body doesn't look as toned or tight as they imagined.

The psychological toll of working toward a "better" body only to feel trapped in sagging skin can be frustrating and even depressing.

Feeling self-conscious about loose skin can decrease libido and make a person hesitant to be intimate or fully exposed to their partner.

Some avoid the lights or undressing in front of their partner because they feel insecure about how their skin looks or moves.



Experiencing sagging skin after significant weight loss can profoundly impact one's self-esteem and intimate relationships.

Social media is riddled with people sharing their deepest, darkest secrets about this unspoken dilemma.

One account on Reddit told of an man who lost 164 pounds sharing his struggles how loose skin was affecting his dating life. He recounted instances where partners reacted negatively to his appearance during intimate encounters, leading to feelings of rejection and hopelessness. He expressed concerns that he was destined to remain single the rest of his life, due to his body's changes post-weight loss.



Why Don't Weight Loss Clinics and Weight Loss Programs Tell You of This Problem?

The answer, as is usually the case, involves money, and lots of it.

In 2024, the weight loss industry grew to \$160 billion, fueled largely by the GLP-1 class of medications.

Big Pharma and peddlers of online weight loss medication focus solely on promoting the benefits of their products, shifting the burden onto patients to educate themselves on the post-weight loss effects, rather than taking responsibility for providing comprehensive care.

It is a do not ask, do not tell situation.



Why Don't Doctors Address This Dilemma with Their Patients?

In a study conducted by AMN Healthcare of 19,000 physicians, 13-16 minutes is the most common amount of time a doctor spends with a patient.

Doctors have one eye on the patient and one eye on the clock.

PBS News reported that the primary factor dictating the limited time physicians spend with patients is based on and dictated by insurance reimbursement structures.

A study of 112 clinical encounters found that doctors asked patients about the reason for their visit only a third of the time, and they interrupted the answer after a median of 11 seconds.

Doctors are not responsible
for making you healthy...
YOU ARE!

While doctors can readily explain the medical causes of skin sagging, this technical understanding doesn't alleviate the profound feelings of inadequacy, shame, and self-doubt that individuals experience.

The psychological impact of loose skin after significant weight loss can be substantial, affecting one's body image and mental well-being.

Friends and family will simply tell you to 'come-to-grips' with your weight transformation. But they won't see, experience, or feel what you do.

The expertise, in-depth understanding, and firsthand experience of the medical professionals behind us comprehensively addressing the challenges of weight loss is what sets us apart, allowing us to effectively treat these issues without limitations or interference from traditional medicine and insurance restrictions.

There are invasive and expensive surgeries to remedy cutaneous laxity (or skin laxity), like Abdominoplasty (Tummy tuck), Belt Lipectomy, Thighplasty (Thigh lift), Brachioplasty (Arm lift), Mastopexy (Breast lift for women), Gynecomastia (Chest lift for men), face lift and facial fat grafting (fat transfer).

These procedures, known as panniculectomy, typically cost between \$8,000 and \$15,000. The final price depends on factors such as the surgeon's expertise, the extent of skin removal, and the location of the procedure.

Recovery from these surgeries can take several months, and like any surgical procedure, they come with inherent risks and potential complications.

The question is what you are willing to subject yourself to?



**"The art of
medicine consists
of amusing the
patient while
nature cures the
disease."**

- Voltaire 1778

Are Natural & Nutritional Supplements The Answer?

While natural and nutritional approaches can promote skin health and elasticity under normal conditions, they have limitations when it comes to reversing or eliminating significant sagging skin caused by rapid weight loss.

Though these alternative treatments may help stimulate collagen production, enhance elasticity, and reduce laxity, they are often insufficient for addressing severe skin sagging without additional medical or technological interventions.

They have limitations and often fail to deliver the fast, noticeable results that people want.

While surgery delivers immediate results, electrical muscle stimulation (EMS), radiofrequency (RF), and high intensity focused electromagnetic treatments are non-invasive, more affordable, require minimal or no downtime, and allow you to continue your daily routines without disruption.



Oregon State University

Linus Pauling Institute:

Conditions that adversely affect the biological functions of skin often correspond to a less attractive appearance of skin.



For those who have persevered through the weight loss journey, successfully shedding the unwanted pounds, the battle isn't over. You have endured sleepless nights, invested thousands of dollars, and navigated a long and emotional roller coaster, only to now face the challenge of excess, sagging skin. Instead of reaching the finish line, you find yourself stuck halfway, still longing for the transformation to feel complete.

No one celebrates a canceled flight to their dream destination, finding comfort in the thought that they "almost made it." Your journey isn't meant to be left unfinished. There is hope!

Dirty Little Secret 2:

The Hidden Emotional Toll – Leaky Bladder and Diminished Sexual Satisfaction



For those who have successfully lost a significant amount of weight, the journey doesn't end once the pounds are gone. While sagging skin is often the most visible reminder of extreme weight loss, there are other, more private consequences that carry an even greater emotional and psychological impact—urinary incontinence and sexual dysfunctions.

These issues are rarely discussed, yet they deeply affect self-confidence, relationships, and overall well-being in ways that go far beyond physical appearance.

Urinary Incontinence: The Silent Struggle No One Talks About. One of the most unexpected and little-discussed effects of rapid weight loss is urinary incontinence, the inability to control bladder function.

Urinary incontinence can vary from minor leakage when laughing, coughing, or sneezing to complete loss of bladder control, often accompanied by a persistent and urgent need to find a restroom.

Urinary incontinence is far more than just an inconvenience...

Becky, a 38-year-old mother of two, has a 9-year-old son and an 8-year-old daughter, both deeply involved in sports and extracurricular activities. As a child, Becky was passionate about dance, so when her daughter, Kala, expressed interest in taking dance lessons, it felt like a dream come true.

But there's something only Becky and Kala know. Becky has made Kala promise to keep it a complete secret, a truth she's too embarrassed to share with anyone else.

Kala's dance school is a 30-minute drive from their home, yet every week, without fail, Becky must make three stops along the way. Each time, she pulls into the same three convenience stores going to and driving back from dance class, not for snacks or gas, but for something far more personal. Becky silently battles urinary incontinence, a struggle she keeps hidden, even from husband.

If you have ever felt the urgent need to find a bathroom and had to consciously 'hold it' to avoid an accident, you understand the struggle. Now, imagine having to fight that urge constantly, multiple times a day.

Urinary incontinence occurs when the pelvic floor muscles weaken, reducing their ability to properly support the bladder.

This condition can be triggered by various factors, including childbirth in women and rapid, significant weight loss in both men and women, which alters body composition and muscle strength.

Essentially, the skin and supporting muscles are not able to keep up with the rapid fat and muscle loss, causing bladder control problems.

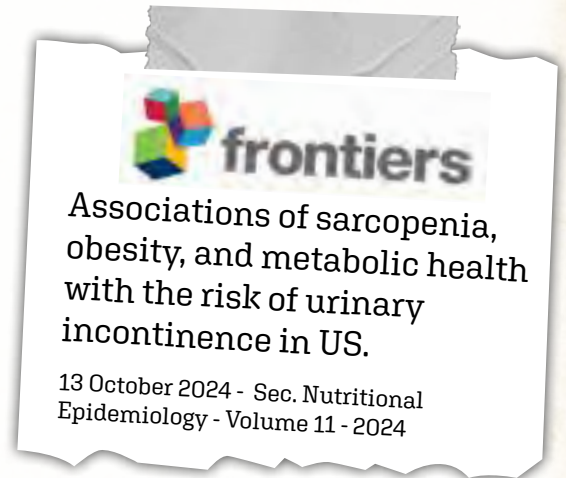
Frontiers in Nutrition, a peer-reviewed scientific journal, issued a report on the loss of muscle mass (sarcopenia) and function. The report identified the risk factor for multi-symptom urinary incontinence and stress urinary incontinence in women.

While GLP-1 medications offer the most effective path to weight loss, the associated muscle loss can have serious consequences on one's pelvic floor health.

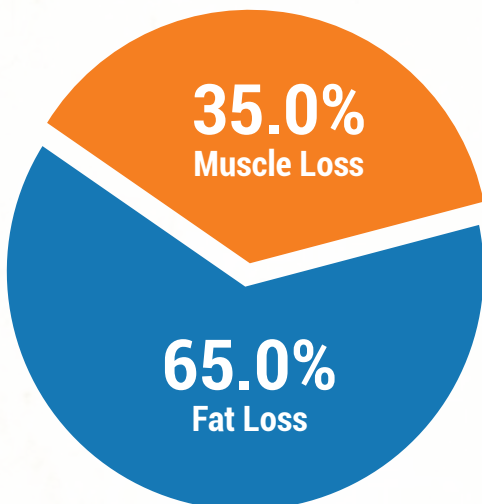
Without proper intervention, urinary incontinence, a prolapse risk of the organs, core instability, and reduced sexual function can become long-term issues.

Studies show that 30% to 40% of total weight loss comes from muscle loss.

With muscle loss in the abdomen, legs, or arms, one can do physical exercises to tighten and tone, but manual exercises of the pelvic region are not as easy.



Composition of Weight Loss: Fat vs. Muscle



Until recently, there has not been technology available to assist with strengthening the pelvic muscles.

Manually strengthening of the pelvic floor has been largely reliant on patients doing Kegel exercises.

Kegel Exercises Are Not The Answer

Kegel exercises are commonly associated with women, but men can also benefit from performing them to strengthen their pelvic floor muscles.

Kegels involve repeated contracting and relaxing of the pelvic floor muscles, similar to when consciously stopping urine flow midstream.

According to Medline Plus, a trusted health information resource, the proper execution of Kegel exercises is as follows:

- 1) Empty your bladder
- 2) Find the muscles you use to stop urine midstream
- 3) Tighten those muscles
- 4) Hold for 3 to 5 seconds
- 5) Relax those muscles for 3 to 5 seconds
- 6) Repeat 10 times

Performing this regimen once a day produces only 70 Kegel exercises each week. If you increase the practice to 3 times a day, you will triple the number of Kegels to 210.

Additionally, Kegel exercises engage only about 20% of the pelvic floor muscles, making them less focused and not entirely effective for comprehensive strengthening.

Based on reports from the Cleveland Clinic, the regular performance of Kegels can produce benefits, however, it takes weeks to months before significant improvements are noticed.

Though potentially effective, these manual exercises alone are not enough to achieve significant results in the time most people want. Kegels to the pelvic muscles are what sit-ups are to the abdomen for tightening and flattening the abs; no matter how many sit-ups you do, it's nearly impossible to achieve the sculpted, toned abdomen you're aiming for.

When pelvic floor exercises fail to produce results, medical interventions become necessary. Radical options include bulking agent injections, platelet-rich plasma (PRP) therapy, mid-urethral sling surgery, bladder neck suspension, sacral neuromodulation, and pelvic floor reconstruction become the possible solution.



Sexual dysfunction encompasses various issues that impede an individual's ability to experience satisfaction during sexual activity. It's a prevalent concern, affecting approximately **43% of women and 31% of men.**

These procedures are invasive, require significant recovery time, and are typically considered a last resort.

In addition to incontinence, rapid weight loss can significantly impact hormone production in both men and women, leading to various physiological changes.

For women, it can lead to decreased estrogen levels and in men, it can lead to reduced production of testosterone.

A weakened pelvic floor can significantly impact one's sexual function, sensation, and satisfaction in both men and women.

Sexual Dysfunction: The Unspoken Side Effect in the Bedroom

Hormonal imbalances, including lower testosterone (in men) and estrogen (in women) lead to a reduced libido.

For women, it affects vaginal tone, blood flow, and orgasm intensity, their weakening can lead to reduced pleasure, discomfort, and even pain during intimacy.

The decline in muscle mass negatively impacts testosterone production, leading to erectile dysfunction, and diminished sexual performance.

People begin avoiding social and intimate situations out of fear of embarrassment.

Beyond causing anxiety about intimacy, it does not compare to the embarrassment and distress of experiencing bladder leakage during sex, a reality that is rarely acknowledged but deeply impactful.

Many people suffer in silence, feeling ashamed or isolated, believing they are the only ones facing these issues.

Despite its prevalence, many people hesitate to discuss sexual dysfunction with friends or family due to embarrassment, societal taboos, or fear of judgment. A study involving 8,000 adults revealed that one in five men would prefer ending a relationship over discussing sexual dysfunction issues.

For those struggling with urinary incontinence and sexual dysfunction, know that you are not alone. These are real, treatable issues, and seeking solutions will allow you to fully embrace the transformation you've worked so hard for.



In this report two important, yet dirty little secrets have been revealed that weight loss clinics and big pharma would prefer you never find out about.

Big Pharma and weight loss clinics hope you remain unaware of these distressing issues, even though they know you'll eventually face them, but by then, it will be too late for you to reverse the effects, unless you regain the weight. But, by then, you will have lost significant muscle mass.

It is common to ask, will insurance cover treatments for sagging skin, incontinence, and sexual dysfunction?

Insurance coverage for these treatments varies depending on the specific condition, medical necessity, and individual insurance provider policies.

Beyond the question of insurance coverage, there is a bigger issue at play.

It is a game insurance providers play, one rigged against you to lose.

Insurance companies employ professional agencies to find plausible and defensible ways to deny your insurance claims, even when deemed medically necessary by a doctor.

“ The fact that these big companies focused on profits and can play all these games is quite disturbing to me. ”

- Martin Lustick, Former Insurance Executive



**“Not Medically Necessary”:
Inside the Company Helping
America’s Biggest Health
Insurers Deny Coverage
for Care**

One such company is Evicore, a medical benefits management company. Evicore, owned by Cigna Insurance, contracts with over 100 insurers nationwide, including major providers such as UnitedHealthcare, Aetna, and Blue Cross Blue Shield, as well as Medicare and Medicaid contractors.

Evicore promises its clients a 3-to-1 return on investment. That is, for every \$1 paid to Evicore the insurer will pay out \$3 less on medical care and other costs.

Top 5 US Health Insurers' Annual Profits Jumped 230 Percent Since ACA's Passage

The lion's share goes to UnitedHealth Group, which reportedly denies nearly 1 in 3 medical claims from policy holders. The financial data comes from the companies' annual reports filed with the Securities and Exchange Commission and other disclosure forms.



In December 2024, state senator Josh Becker (D-California) authored landmark legislation in California prohibiting health insurance companies from using artificial intelligence to deny healthcare coverage. *"Artificial intelligence has immense potential to enhance healthcare delivery, but it should never replace the expertise and judgment of physicians,"* said Senator Becker. *"An algorithm cannot fully understand a patient's unique medical history or needs, and its misuse can lead to devastating consequences. SB 1120 ensures that human oversight remains at the heart of healthcare decisions, safeguarding Californians' access to the quality care they deserve."*

Unfortunately, this kind of legislation is not universally enacted. Most are victim to such unintelligent decisions by artificial intelligence.

In essence, your wellbeing is in the hands of a computer algorithm rather than an experienced professional.

What Then is the Answer?

It's no different than before. Just as you took the initiative to find GLP-1 medications for weight loss, you must also take charge in seeking and evaluating the best solutions for sagging skin, incontinence, and sexual dysfunction.

The Mental and Emotional Toll of Shedding Weight

Losing a significant amount of weight is more than just a physical transformation, it is an emotional and psychological journey filled with highs and lows.

For many, the struggle with weight is deeply personal, often intertwined with feelings of self-doubt, frustration, and social anxiety.

The journey itself can be an emotional roller coaster, requiring unwavering discipline, sacrifice, and resilience. The weight loss process challenges not just the body, but the mindset and self-perception of the person.

For those who have carried extra weight for years, perhaps even a lifetime, the shift in how they see themselves can be overwhelming.

They may experience a newfound sense of confidence yet struggle with imposter syndrome, feeling as though they are still the same person inside despite their weight transformation.



This imposter syndrome intensifies when the hard-earned weight loss reveals a new struggle, loose, sagging skin draping over the body like a constant reminder of the past.

Instead of feeling victorious, many find themselves trapped in a new form of insecurity, where their reflection does not match the image of success they envisioned.

The emotional toll deepens when paired with the silent struggles of incontinence and diminished sexual performance, issues rarely discussed yet profoundly impacting confidence and self-worth. The shame and frustration that come with these unexpected consequences can be crippling, creating a sense of isolation and self-doubt.

What should be a moment of celebration turns into a hidden battle with embarrassment, affecting intimacy, personal relationships, and everyday comfort.

While society applauds weight loss, individuals are left to silently cope with the lingering effects that no one talks about, the ones that continue to erode confidence and limit the full experience of their transformation.

You have lost the weight; owed the congratulations you deserve. Now, to fully embrace the transformation, only one final step remains.

Fortunately, there is an easy, quick, and inexpensive solution to combat sagging skin, debilitating incontinence, and sexual dysfunction, which does not require expensive, invasive medical procedures.

Advancements in non-invasive medical technology have revolutionized the way sagging skin, incontinence, and sexual dysfunctions are treated, eliminating the need for many invasive surgical procedures.

There is an Alternative, Non-Invasive Solution to Expensive Medical Procedures

Cutting-edge treatments such as radiofrequency (RF) skin tightening, and electromagnetic field (EMF) muscle stimulation, and high intensity focused electromagnetics (HIFE+) are non-surgical alternatives with near no downtime and risks.

These technologies work by stimulating collagen production, improving tissue elasticity, strengthening weakened muscles, and enhancing blood flow, all of which are crucial for restoring skin firmness, bladder control, and sexual function.

Unlike traditional surgery, which often requires long recovery periods and significant expenses, these innovative solutions provide faster, safer, and more accessible results with no interruption to daily life.



OXFORD ACADEMIC

Studies exploring the simultaneous use of HIFEM and RF technologies have indicated enhanced efficacy in body contouring without compromising safety.

As a result, individuals can reclaim their confidence and quality of life without undergoing painful or invasive medical procedures.

Until now, these advanced treatments have been financially inaccessible for most people due to the high cost of equipment, which has significantly driven up treatment expenses.

These technologies have long been revered as the gold standards for treatment.

At Doctor's Medical Weight Loss Clinic we have discovered FDA approved technology producing better and quicker results in a more affordable manner than at other clinics using the so-called gold standard technology.



Medicine

Independent study reveals that EMS is safe and that superimposed EMS training on exercise programs would have additional positive effects on efficient muscle contraction.

(Published in Medicine Magazine:
February 7, 2025)

nuTone 8T vs. Emsculpt Neo: Why nuTone 8T is the Smart Choice for Patients

The so-called “gold standard” of skin tightening and body contouring devices has been the Emsculpt Neo.



Exclusive to Doctor’s Medical Weight Loss Clinic our nuTONE 8T is an innovative body contouring system engineered to provide exceptional muscle stimulation and skin tightening while offering unparalleled cost efficiency.

Our technology outperforms the gold standard technology available at other clinics offering treatments at a much higher cost.

Additionally, at other clinics, in order to treat the arms, abdomen, legs it requires them to have specialized equipment for treating these individual areas.

Our nuTone 8T allows us to target all these areas with one piece of technology, reducing the equipment needed for those individual areas.

Our nuTone 8T utilizes High-Intensity Focused Electromagnetic (HIFEM) technology to generate supramaximal muscle contractions, delivering a level of intensity far beyond what traditional exercise can achieve. This advanced stimulation promotes skin tightening, rapid muscle growth, and enhanced strength, even while undergoing significant weight loss.

(Supramaximal refers to a muscle contraction that is stronger than the maximum force a muscle can produce voluntarily)

While GLP-1 medications help with fat reduction, they do not prevent muscle loss or improve skin elasticity, which is where our nuTone 8T play a crucial role.

By combining these, individuals can lose weight, tighten skin, maintain muscle tone, and enhance their overall weight loss transformation, achieving not just a leaner body but a healthier, stronger, and more confident appearance.

Our nuTone aids in reducing up to 25% more fat, while building back 20% more muscle, while also improving skin structure and laxity, removing wrinkles and fine lines.

It increases muscle mass and tone by preventing or reversing muscle loss. It balances out the effects of GLP-1 weight loss while revitalizing and rejuvenating collagen, elasticity, and muscle.

How Our Technology Stacks Up Against Others

Feature	nuTONE 8T	Emsculpt Neo
Total Tesla Output	33 T	- 28 T
Per Handle Tesla Output	8 T	7 T

Higher Intensity: nuTONE's 33 Tesla system delivers 14% more strength per paddle, resulting in deeper, more effective muscle contractions.

Faster Results: Greater Tesla output means superior muscle sculpting results in fewer sessions, increasing client satisfaction and results.

Tesla (T) unit is used to measure the strength of the electromagnetic field generated by a device.

Tesla Measurement in Common EMS & HIFEM Devices

Device Type	Tesla Output	Purpose
Consumer EMS Devices	0.1 - 1 T	Basic muscle stimulation, home use
Professional EMS/HIFEM	1.5 - 3 T	Moderate muscle building & toning
Medical-Grade HIFEM_	3 - 7 T	Deep muscle contractions, fat loss, body contouring

nuVIVE EMS vs Emsella Faster Results with Our nuVIVE

For tightening and revitalizing the muscles of the pelvic floor and improving sexual pleasure and performance, our nuVive chair outperforms even the Rolls Royce of EMS chairs, the Emsella.



Feature	nuVIVE EMS	Emsella
Tesla Power	7 Tesla	~3 Tesla
Core Indications	Pelvic floor strengthening, urinary incontinence, sexual wellness and improved satisfaction for women & their partners, erectile dysfunction for men, and lower back strengthening	Pelvic floor strengthening, urinary incontinence, & sexual wellness
Additional Features	Lower back strengthening	None
Patient Reach	Broader demographic due to dual functionality	Focused demographic

While a person can potentially perform 70 to 210 Kegel exercises per week with disciplined effort, our nuVive chair delivers the equivalent of 30,000 Kegel contractions in just a 30-minute session. Emsella boasts only 11,000 Kegels in 28 minutes.

Additionally, manual Kegel exercises activate only 20% of the pelvic floor muscles, whereas our advanced technology engages 100% of the muscles, delivering a complete and effective workout, simply by sitting on the chair.

Weight loss aside, it is irrefutable how important this new technology is.

You Now Know the Statistics.

25 million Americans suffer from urinary incontinence, with women making up 75% of cases. 1 in 3 women will experience urinary incontinence post-childbirth.

By age 60, over 50% of men experience symptoms of prostate enlargement, leading to frequent urination. Over 30 million men suffer from urinary frequency or nocturia (waking up multiple times at night to urinate), significantly impacting their quality of life.

Pelvic floor dysfunction significantly impacts sexual health for ladies and their partners, with 1 in 4 women reporting these issues.

A huge number of men cannot take Viagra, Cialis, or Levitra, and until now their options have been limited to a penis implant or sticking a needle in their penis prior to sex.

The nuVive Does More Than Restore Pelvic Floor Strength & Sexual Satisfaction...

Because of the design of our NuVive, it also helps eliminate lower back pain.

Core strength is fundamental to overall health, mobility, and quality of life, impacting everything from posture and balance to injury prevention and chronic pain management.

The core muscles include the abdominal muscles, lower back, pelvic floor, and deep stabilizing muscles that support the spine and entire body.

Because of the design and increased effectiveness of our NuVive chair, it strengthens the lower back muscles, which helps to eliminate back pain and strain.

Over 31 million Americans experience lower back pain at any given time.

80% of adults will suffer from lower back pain at some point in their lives.

Lower back pain is the second most common reason for doctor visits, accounting for approximately 264 million lost workdays annually in the U.S.

In addition to superior performance and faster results, our chair is designed to enhance patient comfort during treatments, featuring an ergonomically optimized backrest and extended arm support for a more relaxed and supportive experience.



The Ultimate Combination

The powerful combination of our nuTone 8T and the NuVive EMS chair offers the ultimate revitalization and recovery solution for individuals who have lost significant weight. It also serves as an ideal non-invasive option for those seeking to address excess skin, incontinence, sexual dysfunction, or improve core strength, all without the need for gym membership or invasive medical procedures.

Choosing a clinic that offers both GLP-1 weight loss medications and advanced body-contouring technologies like EMS (Electrical Muscle Stimulation), RF (Radiofrequency), and HIFEM+ (High-Intensity Focused Electromagnetic) provides a comprehensive transformation experience that goes beyond simple weight loss.

While GLP-1 medications effectively suppress appetite, regulate insulin, and accelerate fat reduction, they do not prevent the common side effects of rapid weight loss, such as sagging skin, muscle loss, and weakened core strength.

This is where the integration of EMS, RF, and HIFEM+ technologies makes a critical difference. EMS and HIFEM+ strengthen and rebuild muscle mass, preventing the loss of lean body tissue that often accompanies weight loss, while RF therapy tightens and firms the skin by stimulating collagen and elastin production.

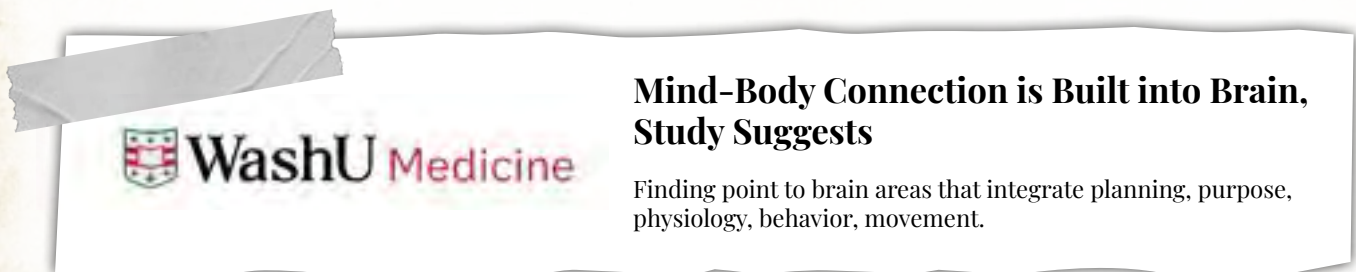
This complete and holistic approach ensures that patients not only lose weight but also maintain muscle tone, improve skin elasticity, and enhance core stability, resulting in a stronger, more sculpted, and healthier body without the need for surgery or excessive gym workouts.

By choosing a clinic that offers both metabolic weight loss and body-contouring solutions, patients can maximize results, avoiding the two dirty little secrets big pharma and the other weight loss clinics will not tell you about, while achieving a total-body transformation with greater confidence and long-term success.

Rebuild and Restore

You lost weight to look and feel better, but no one warned you about the sagging skin, incontinence, and sexual dysfunction that can come with it. Why? Because weight loss clinics are in the business of selling weight loss, not what comes after.

And modern medicine is not about curing you, but rather managing the symptoms, and making as much money as they can along the way.



“

There's no question that obesity can shorten your lifespan, and by large numbers. If you can get the weight off before there's major damage done to your organs, that will tremendously prolong your life.

- Hans Schmidt, M.D. Hackensack University Medical Center

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A 2020 publication by the National Institutes of Health (NIH) highlighted that individuals with a Body Mass Index (BMI) of 40 or higher may experience a lifespan reduction of up to 14 years.

Research from Washington University School of Medicine in St. Louis has identified a link between the body and mind embedded in the structure of our brains, expressed in our physiology, movements, behavior, and thinking.

You can now harness the body's natural regenerative abilities instead of depending on harsh and expensive medical interventions.

As the body adapts, so does the mind, and with it, the quality of life improves dramatically.

Simple joys, once overshadowed by physical limitations, become attainable, walking without pain, feeling comfortable in social settings, shopping for clothes without frustration, and engaging in activities you once avoided.

Relationships improve as self-confidence grows, and interactions with family, friends, and romantic partners become more fulfilling.

The emotional burden of past insecurities begins to lift, replaced by a sense of accomplishment, empowerment, and freedom.

The journey isn't just about losing weight; it's about reclaiming life, embracing new possibilities, and finally feeling at peace with oneself.

With the rise of the internet and social media, we have become part of a global society, constantly exposed to, and comparing ourselves against a vast population.

This is fueled by the media's fatphobic agenda.

However, true influence begins within, not from how others perceive you, but from how you feel about yourself.

Feeling comfortable in your own mind comes first, followed by feeling at home in your own body.

Weight loss and medical aesthetics are deeply personal journeys, centered on how you feel about yourself, then how you physically and emotionally present to your significant other, family, community, and beyond.

When you look in the mirror, that moment is private and personal, it's not for the outside world to judge but for you and you alone to judge.

The goal of weight loss and aesthetics isn't about pleasing others; it's about achieving a sense of safety, comfort, and confidence within yourself.

Self-esteem begins at home, and true confidence is built from the inside out. It is a journey. Sustained weight loss is the first step in the journey. Reshaping and strengthening your body is the second step.

Psychologists tell us that self-confidence and self-esteem radiate from within, they are felt by others and have the power to inspire.

Confident, radiant people naturally influence those around them.

How can you become a significant force in your world and within your sphere of influence?

By building a strong mind and unshakable confidence through a strong, empowered body.

Become the person you aspire to be.

The journey isn't difficult, it simply requires the right tools, the right guidance, and the willingness to take the correct steps.



The decision to begin, to change, and to step into your full potential is what transforms you into the self-reliant, self-confident person you know you are capable of becoming.

Doctor's Medical Weight Loss Clinic delivers high-end, highly effective treatments, not only because we utilize the most advanced technology, but also because we operate with strong medical expertise and guidance, ensuring the best solutions at fair and competitive prices.

We provide patients with exceptional treatments that deliver proven, visible results.

Every weight loss journey is personal, and no one begins with a guidebook. But that's an advantage, you have the power to write your own success story.

For you, the final chapter might be eliminating sagging skin, overcoming embarrassing incontinence, restoring a fulfilling sex life, or simply toning your body, or restoring strength.

Whatever your goal, it's a journey uniquely yours. At Doctor's Medical Weight Loss Clinic, we're here to help you write the final chapter, completing your transformation and giving you the body, confidence, and sense of self-confidence you have always pictured.

That is what you can begin realizing today, here.

Now is the perfect time to discover and explore the personalized treatment plan we can design specifically for you.

You have nothing to lose, the call is completely free. Speak with one of our body restoration experts, a real, compassionate person (not an AI or automated system) who truly understands your journey and has likely experienced it firsthand.

*Let Us Help
You Write the
Final Chapter!*

**Call (800) 540-4779
or (850) 296-1955**

OR

**Visit our website:
DoctorsMedicalWeightLossClinic.com**



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